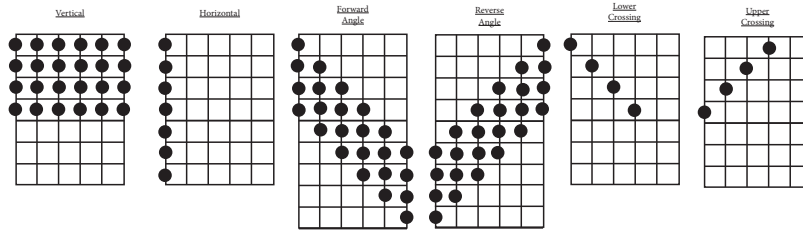


Four Finger Exercise

Four Finger idea is a grouping of adjacent fingers with 24 variations, with 4 groups of leading fingers. Taking these groupings and variations can be applied to four mechanical ideas, Horizontal, Vertical, Angular and Crossing. Beyond the grouping and mechanical application. Don't forget technique, Rythem and keeping time! Maybe even feel.... if so inclined.



First Finger Leading

1 2 3 4 - 4 3 2 1
 1 2 4 3 - 3 4 2 1
 1 3 2 4 - 4 2 3 1
 1 3 4 2 - 2 4 3 1
 1 4 2 3 - 3 2 4 1
 1 4 3 2 - 2 3 4 1

Second Finger Leading

2 3 4 1 - 1 4 2 3
 2 3 1 4 - 4 1 3 2
 2 4 1 3 - 3 1 4 2
 2 4 3 1 - 1 3 4 2
 2 1 3 4 - 4 3 1 2
 2 1 4 3 - 3 4 1 2

Third Finger Leading

3 4 1 2 - 2 1 4 3
 3 4 2 1 - 1 2 4 3
 3 2 1 4 - 4 1 2 3
 3 2 4 1 - 1 4 2 3
 3 1 2 4 - 4 2 1 3
 3 1 4 2 - 2 4 1 3

Fourth Finger Leading

4 1 2 3 - 3 2 1 4
 4 1 3 2 - 2 3 1 4
 4 2 1 3 - 3 1 2 4
 4 2 3 1 - 1 3 2 4
 4 3 2 1 - 1 2 3 4
 4 3 1 2 - 2 1 4 3

Vertical 1

1 2 3 4 / 5 4 3 2

Vertical 2

1 2 3 4 / 4 3 2 1

Horizontal 1

1 2 3 4 2 3 4 5 3 4 5 6 4 5 6 7 5 6 7 8 6 7 8 9 / 9 8 7 6 8 7 6 5 7 6 5 4 6 5 4 3 5 4 3 2 4 3 2 1

Horizontal 2

6 7 8 9 5 6 7 8 4 5 6 7 3 4 5 6 2 3 4 5 1 2 3 4 / 4 3 2 1 5 4 3 2 6 5 4 3 7 6 5 4 8 7 6 5 9 8 7 6

Forward Angle 1

6 7 8 9 / 9 8 7 6

Forward Angle 2

6 7 8 9 / 9 8 7 6

